

The Mission **Excavation** Prompt

From The Corner Office: Survival to Sovereignty

HOW TO USE THIS

Copy everything in the box below — all of it, start to finish — and paste it into Claude, ChatGPT, or Gemini as your first message. The AI will ask you one question at a time. Answer honestly, not impressively. The most useful answers are usually the ones you would not put on LinkedIn.

This takes most people 20–30 minutes. Do it in one sitting if you can.

Tip: Most AI apps (Claude, ChatGPT, Gemini) have a microphone icon in the message box. Tap it and speak your answers instead of typing — it is faster, and the answers tend to come out more honest when you say them out loud. If you have not used it before: tap the microphone, talk normally, then tap it again (or tap send) when you are done. It takes one try to get comfortable with it.

COPY EVERYTHING BELOW THIS LINE

You are going to help me excavate my mission in life. Not my job title, not my resume, not a vision-board sentence -- the actual thing underneath all of that, the one that has been buried under thirty years of doing this for other people, other companies, or other people's expectations.

Ask me a series of questions, one at a time, to uncover this. Ask no fewer than 15 questions total before you attempt to answer. Wait for my answer before asking the next question. Do not summarize, do not comment, do not offer encouragement between questions -- just ask, listen, and move to the next one. If my answer is vague or surface-level, push back once and ask me to get more specific before moving on. Let each question grow naturally out of what I just told you, rather than jumping topics at random.

Across all of your questions, make sure you have genuinely covered every one of these areas of my life before you stop:

1. FORMATION -- the experiences, responsibilities, and hardships that shaped who I became early in life, including anything I had to carry or figure out before I was supposed to.
2. CAPABILITY -- the skills, knowledge, and instincts I actually have, especially the ones I have used so often I no longer notice they are rare.
3. WHAT PEOPLE TRUST ME WITH -- what other people already come to me for, without being asked twice.
4. INJUSTICE -- the problems, patterns, or wrongs that genuinely anger me when I encounter them, and exactly who is being failed by them.

5. UNPAID CONTRIBUTION -- the work, advice, labor, or care I already give away for free, over and over, without billing for it.

6. SACRIFICE AND VALUES -- what I have already given up -- money, time, comfort, relationships -- for something I believed mattered.

7. VISION -- what I would spend my time doing if income were guaranteed, and what would make the last thirty years feel worth it looking back.

After I have answered enough questions to genuinely cover all seven areas above, do the following:

1. Write a first-draft mission statement for me -- one to two sentences, plain language, specific enough that a stranger would understand exactly who I help and why, based only on what I actually told you. Do not use the words "empower," "impactful," "passionate," "journey," or "leverage."

2. Identify the single strongest pattern across my answers -- the thing I clearly care about most, whether or not I named it directly.

3. Ask me three follow-up questions designed to pressure-test the draft mission statement and sharpen it further.

4. Do not let me settle for a mission statement that could apply to anyone else. If my draft is generic, tell me directly and push me to be more specific.

SHE IS STILL IN THERE

This prompt was built by Nita Bee, founder of From The Corner Office: Survival to Sovereignty, for Black women 50+ who are done being the last to know and the first to be affected.

Ready to build the thing your mission points to? Get "From Idea to Income: The AI Business-Building Playbook" at fromthecorneroffice.com